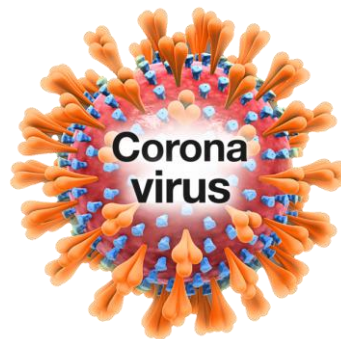easy read

NHS

What you need to do if you feel unwell and have any Coronavirus symptoms when you are visiting or staying away from home.

Produced in partnership with the COVID-19 Health Protection Boards of Devon & Torbay, Cornwall & Isles of Scilly, Dorset, Somerset and Plymouth
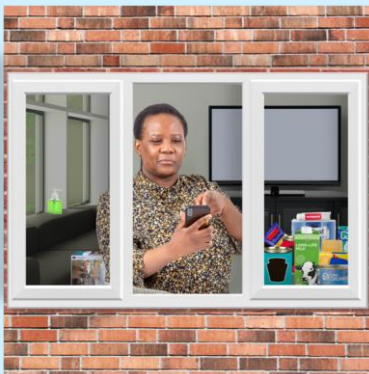
Coronavirus symptoms

You may have Coronavirus if you:

- Have a new cough

- A high temperature

- If you can't smell or taste things like you could before

If you feel unwell and have any Coronavirus symptoms you must:

Stay indoors and self isolate, this means staying inside and away from other people as much as possible.

Arrange to have a Coronavirus test, using the address of where you staying during your visit.

Self isolating, keeping away from others, as much as possible and having a coronavirus test will help you stay safe and help protect other people.

You must let staff where you are staying know you are feeling unwell and need to self isolate.

If you are staying or travelling with other people they must also self isolate.
You must all self isolate until you have been told the results of your Coronavirus test.

Your test results will be sent to you by text or email so you do not need to wait for your results before going home.

Do not use public transport if you are waiting for your results.

How to book your Coronavirus test.

You can book your test online.

You can tap or click here to go the NHS website to book a test

You can telephone NHS 119.

You should use the address of where you are staying.

You can write the address you will be staying at in this box to help you.

What you should do if your test result is positive and says you have Coronavirus.

You should tell staff where you are staying that your test results said you have Coronavirus.

If you feel well enough to travel you should go home as soon as you can.

My House

You should not use public transport
If you feel very unwell and cannot travel or can only get home by using public transport, you should stay where you are and call NHS 111 for advice.

What you should do if your test results is negative, this means you do not have Coronavirus.

You should let the staff where you are staying know that your results said you do not have Coronavirus.

You can stay and enjoy the rest of your visit.

If you are ill and need medical help call NHS 111 or call your own doctor.

Call 999 if there is a medical emergency.