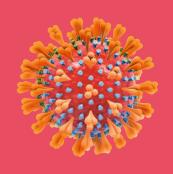
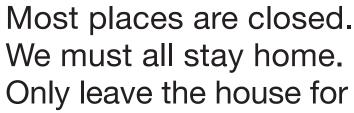
Coronavirus Lockdown



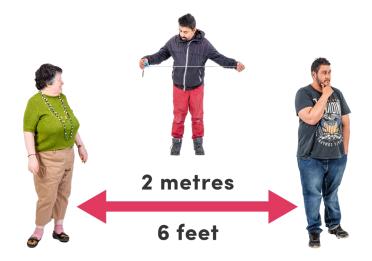
Closed



If you go out



- * Shopping basics
- * Exercise once a day
- * Care or medical needs
- * Essential work



Keep your distance from other people



Do not meet anyone you don't live with

Get home soon and wash your hands



If you feel ill stay home and phone your GP or get advice from 111 In an emergency call 999