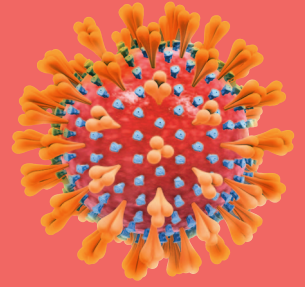# Coronavirus
If you get ill

If you get a cough or a high temperature

* **Stay home for 7 days**

* **Keep away from other people**

* **If you have support you will still get it**

Self isolation

Ask someone to do your shopping

Closed

Tell people not to come in your house or room

Keep toilets, bathrooms and towels clean

Wash your hands a lot

111

111.nhs.uk

If you feel ill stay home and phone your GP or get advice from 111

In an emergency call 999