

# The NHS is open for everyone who needs it



If you are ill please get help as usual. Nurses and doctors know how to keep you safe from coronavirus.

- \* Phone your GP
- \* Say how you feel
- \* Don't put things off

## Get checked out



Go to hospital if you are told to



If you wait you could get more ill or even die



If you need someone to support you tell NHS staff



Talk about any reasonable adjustments



If you feel ill stay home and phone your GP or get advice from 111  
In an emergency call 999